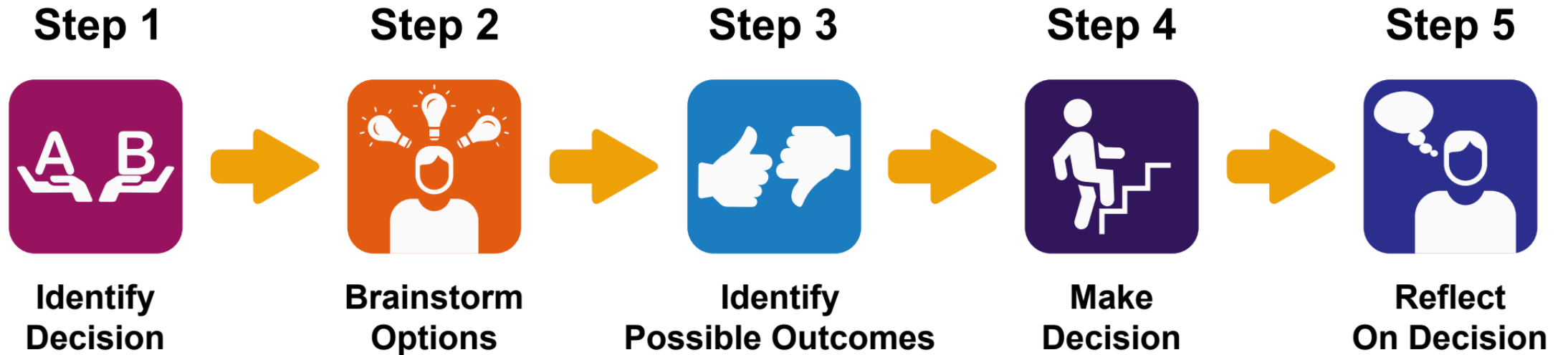


Decision-Making Skills

Skill Model:



Decision-Making Skills: HPV Vaccine Example

1. Identify decision: Get the vaccine or not?
 - Yes
 - Lifetime protection against cancers caused by HPV (men and women)
 - Protect against passing on HPV to others
 - Minor, temporary discomfort at the site of injection
2. Options:
 - Get vaccinated now
 - Wait until later
 - Don't get vaccinated
3. Identify Possible Outcomes
 - No
 - > 90% likelihood of being exposed to HPV
 - Although not all HPV types cause cancer, some do
 - HPV also causes genital warts
 - If become infected, risk exposing future partner(s) to virus
 - Wait
 - If vaccine started before 15 years, need 2 shots; if started later need 3 shots
 - If infected with HPV before vaccinated, vaccine no longer helpful to prevent disease
4. Make Decision
5. Reflect on Decision
 - Impact on self, family, community
 - Short term risk/benefit – prevent HPV infection, genital warts
 - Long term risk/benefit – prevent cancer, increased lifespan, avoid family burden of illness

Skill Model:

